

**The Freedom Programme and Certain Curtain Theatre Company are offering three day facilitator training events.**

**Pat Craven, Claire Moore and John Woudberg are the trainers.**

The cost is £450.00 per person plus vat. This includes lunch, refreshments, a facilitator manual and 2 copies of the book 'Living with the Dominator. It also includes a performance by Claire and John from Certain Curtain Theatre of their acclaimed play, '**Lady in Red**'

Please return completed booking forms to  
Pat Craven  
PO Box 41  
Knighton  
Powys  
LD7 9AF

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Fax : 01547 529 223  
Mobile: 07789871309  
E mail: [freedomprogramme@btinternet.com](mailto:freedomprogramme@btinternet.com)  
E mail: [patcraven@msn.com](mailto:patcraven@msn.com)  
Website: <http://www.freedomprogramme.co.uk>

This training enables participants to facilitate the Freedom Programme, not to train other facilitators.

Proposed learning outcomes

1. To help men and women recognise the beliefs held by abusive men and to recognise which beliefs they have shared.
2. To assist women to recognise future abusers.
3. To help men and women to understand the effects of Domestic Abuse on children.
4. To be able to use the programme in a group setting or in individual practice.
5. To understand how the programme helps women gain self esteem and confidence.

**Freedom Programme Training  
Booking Form**

Preferred date \_\_\_\_\_

Name or names \_\_\_\_\_

Address \_\_\_\_\_

Line 2 \_\_\_\_\_

Line 3 \_\_\_\_\_

Telephone numbers \_\_\_\_\_

Mobile number \_\_\_\_\_

E mail address \_\_\_\_\_

Special needs. e.g. diet or wheelchair access \_\_\_\_\_

How did you hear about this event? \_\_\_\_\_

**Please invoice the above address for £450.00 plus vat  
at the current rate.**

**Terms and conditions**

I agree to read 'Living with the Dominator' before attending the training. If I fail to do so I will not be accepted.

If I cancel within the month before the training I will be liable to pay the full fee. This is because it is difficult to fill cancelled spaces at the last minute.

I agree to comply with the terms and conditions.

Signed \_\_\_\_\_

Date \_\_\_\_\_

**PLEASE NOTE THAT ONLY TRAINEES WHO HAVE READ 'LIVING WITH  
THE DOMINATOR' ARE ELIGIBLE TO ATTEND THIS EVENT.**

**Freedom Programme training event.  
Timetables and outcomes.**

**Day 1**

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9.15.a.m.	Arrival and coffee
9.30.a.m.	Introductions. The Dominator and Mr Right. An introduction to domestic abuse.
11.00.a.m.	Coffee
11.15.a.m.	Aspects of the Dominator.
1.00.p.m.	Lunch
2.00.p.m.	Aspects of the Dominator.
3.00.p.m.	Tea.
3.15.p.m.	Aspects of the Dominator
4.30.p.m.	Close.

**Day 2**

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9.30.a.m.	The Sexual Controller
11.00.a.m.	Coffee.
11.15.a.m.	The Sexual Controller.
12.00.p.m.	The Liar
1.00.p.m.	Lunch
2.00.p.m.	The Persuader
3.00.p.m.	Tea.
3.15.p.m.	Warning Signs
4.30.p.m.	Close.

**Day 3**

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**It is fun if we wear red**

9.15.a.m.	Arrival and coffee
9.30.a.m.	The Effects on children.
11.00.a.m.	Coffee.
11.15.a.m.	Abusive men and assertive practitioners. Information about the men's programme followed by active practice in running the programme for men and women.
1.00.p.m.	Lunch.
<b>2.00.p.m.</b>	<b>'Lady in Red'. A play performed by Certain Curtain Theatre Company.</b>
2.45.p.m.	Tea.
3.00.p.m.	After show discussion.
4.00.p.m.	Finish.

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